**NOT Giving Up**

Keeping the commandments, gives us true understanding, wisdom, strength, and guides us to avoid problems and resolve problems. Committing sin lacks wisdom in every important way. Therefore, there is a much wiser and better way of living, than how you currently live life today.

**James 1:5 If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.** upbraideth =withholds, shame extremely, disloyal.

[Prayers to our Almighty Heavenly Father in the name of the true biblical Jesus Christ are an important part of getting what we need. NOT thinking we already know, while our suffering that overwhelms us proves we need to do better. Also, the most powerful prayers are when we pray while fasting [not eating or drinking anything for at least one day/24 hours: **Esther 4:16**].

**IJohn 3:22 And whatsoever we ask, we receive of him, because we keep his commandments, and do those things that are pleasing in his sight.**
[Prayers not being heard and answered occurs when we do not obey the Heavenly Father’s Words/commandments, but somehow expect Him to hear and do our prayers/words to Him.]

**Proverbs 6:23 For the commandment is a lamp; and the law is light; and reproofs of instruction are the way of life:**

[Commandments guide us to avoid the wrong woman for a relationship. To NOT make hasty and sinful/foolish decisions. To NOT seek sin, nor call evil good. Commandments allow us to foresee evils and avoid them, and the far-reaching consequences and destruction sin can have.]

**Ecclesiasticus 7:8 Bind not one sin upon another; for in one thou shalt not be unpunished.**[sin = breaking the commandments, according to **IJohn 3:4**.]

**Proverbs 24:5 A wise man is strong; yea, a man of knowledge increaseth strength.**

[Studying and applying the Bible, our Almighty Heavenly Father’s literal Word, makes us wiser, STRONGER, allows us to heal past traumas, and avoid destructive behaviors and decisions.]

**Matthew 16:25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.**

**:26 For what is a man profited, if he shall gain the whole world, and lose his own soul? or what shall a man give in exchange for his soul?**

[save his life shall lose it = most people stay the way they are, not realizing if we do not change, we will suffer more and die. We instead must renew our minds (the way we live and are), which will be losing our old life to be a child of our Creator, a better husband, wife, parent, friend, etc.]

Our new life, and also future reality of a new world, the kingdom of heaven here upon earth: **Matthew 5:5**, is the keeping of the commandments towards God and towards our neighbor.

**Luke 18:1 And he spake a parable unto them to this end, that men ought always to pray, and not to faint;**
PRAY daily, or START to. To endure and overcome the condition of the battles of life, with a new mind and increased strength by the Word through obedience. NOT quitting before you start correctly fighting by studying, learning, changing/converting and growing. Overcome this battle of life (good versus evil) as commanded: **IIEsdras 7:57-61, Deuteronomy 30:15**, and endure to the end:

**Galatians 6:9 And let us not be weary in well doing: for in due season we shall reap, if we faint not.**[obeying life-saving commandments from our Creator, truly improving and growing, being stronger and more loving to loved ones and others is what is right, do not quit now, or ever.]

**Ecclesiasticus 11:14 Prosperity and adversity, life and death, poverty and riches, come of the Lord.**

**:15 Wisdom, knowledge, and understanding of the law, are of the Lord: love, and the way of good works, are from him.**

Additional commandments: Sisters [females] pray with your head covered by a scarf, cap, hat, pashmina, even a towel, etc., as commanded: **1Corinthians 11:3-10, Numbers 5:18, Isaiah 59:1-2**, etc. Brothers [men], pray with your heads uncovered, NO cap, scarf with a slit, No hat, etc.

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